

Mt. Ama Dablam expeditions

Fixed Departure Date - 8 October 2008



6.812 m - 22,350 ft

Fixed Departure Dates

Location

Mahalangur Himal
Lat: 28.43.37-Long: 87.28.13

Pictures

Guestbook

Maps

Price Request Form

Bio Data Form

Expedition Results

PDF | Printer Friendly

- | | | |
|------|-------|------------------------------------------------------------------------------------------|
| Days | 1 | Meeting all expedition members in Kathmandu |
| | 2 | Kathmandu, official procedure and necessary arrangements |
| | 3 | Kathmandu |
| | 4 | Scheduled flight Kathmandu/Lukla (2860m) & trek to Phakding (2640m) - Overnight in lodge |
| | 5 | Namche Bazar (3446m) - Overnight in lodge |
| | 6 | Khumjung (3790m) - Overnight in lodge |
| | 7 | Khumjung, acclimatization day |
| | 8 | Tengboche Monastery (3867m) - Overnight in lodge |
| | 9 | Mt. Ama Dablam Base Camp (4600m) |
| | 10-25 | Climbing Mount Ama Dablam (6812m) |
| | 26 | Namche Bazar |
| | 27 | Lukla |
| | 28 | Scheduled flight Lukla/Kathmandu & transfer to Hotel |
| | 29 | Kathmandu |
| | 30 | Transfer to airport for international departure. |



Mount Ama Dablam is a beautiful mountain, located almost due south of Mt. Everest and Mt. Lhotse in the Khumbu region. It is a steep pyramid of ice with vertical walls and sharp, exposed ridges. Mount Ama Dablam forms a lasting impression on many trekkers in Nepal, as it is perhaps the most stunning mountain along the popular trekking route to Everest Base Camp.

Our ascent will be made via the SW ridge route, a technical route with three camps above base camp. The climb usually completed in less than four weeks. The climbing on the route involves pure rock climbing on exquisite granite followed by mixed snow and rock climbing. The last section to the summit involves ice climbing followed by a long steep snow slope up to the summit.

Departure Date & Cost

8 October 2008

[Request a Quotation](#)

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All Inclusive full-board Expedition - Service up to summit

Costs include:

- Royalty fee of Mt. Ama Dablam
- Airport pick up as per the itinerary.
- Hotel accommodation in a Tourist Class hotel on a twin sharing basis (bed & breakfast) in Kathmandu for maximum five nights before or after expedition
- Flight Kathmandu-Lukla-Kathmandu for members, staff, Liaison Officer
- Sagarmatha National park entry fee
- 1 High altitude Sherpa per 3 climbing members
- Expedition cargo to/from Lukla (max 75 Kg per person, personal equipments)
- Porters from Lukla - Base camp - Lukla to carry members' equipments, food and fuel, kitchen and dinning materials to Mt. Ama Dablam Base Camp and back
- Full board during trekking and at Base Camp
- Solar light at base camp for light
- All kitchen and dinning equipment, kitchen tent, dining tent, toilet tent, stools and tables at Mt. Ama Dablam base camp
- Tents at Base Camp and higher camps for member, staff
- Food and Fuel for higher camp
- Sleeping tent at base camp tent for member, staff and Liaison officer
- Services of one Cook and one Kitchen boy at Mt. Ama Dablam Base Camp
- Equipment allowance, daily allowance for the Liaison Officer, Cook and kitchen boy
- Insurance of Nepalese Staff ONLY (Liaison officer, Cook and Kitchen Boy)
- Garbage disposal charge at SPCC in Namche Bazar
- Service charge of Asian Trekking

Cost do NOT include:

- International air travel to/from Nepal
- Original entry visa into Nepal. It can be obtained at the Airport on arrival.
- International Airport Departure Tax
- Lunch and dinner in Kathmandu.
- Personal insurance such as travel, accident, medical and emergency evacuation
- Related charges for communication equipment and filming applied as per regulation
- Nepal custom duty for import of expedition goods arriving into Nepal by air/ road cargo.
- Expenses of personal nature such as drinks, laundry, postage, telephone calls etc.
- Oxygen & Mask regulator (Asian Trekking will be able to arrange if required)

Extra activities:

A unique Mountain Flight to Mount Everest
White water rafting on Nepal's famous rivers
The most spectacular Bungee jump on the planet

A Cultural Show, with dinner
A romantic overnight stay in a Mountain Resort
A Traditional Nepali Dinner

All Inclusive full-board Expedition - Service up to Base Camp

Costs include:

- Royalty fee of Mt. Ama Dablam
- Airport pick up as per the itinerary.
- Hotel accommodation in a Tourist Class hotel on a twin sharing basis (bed & breakfast) in Kathmandu for maximum five nights before or after expedition
- Flight Kathmandu-Lukla-Kathmandu for members, staff, Liaison Officer
- Sagarmatha National park entry fee
- Expedition cargo to/from Lukla (max 60 Kg per person, personal equipments)
- Porters from Lukla - Base camp - Lukla to carry members' equipments, food and fuel, kitchen and dinning materials to Mt. Ama Dablam Base Camp and back
- Full board during trekking and at Base Camp
- Solar light at base camp for light
- All kitchen and dinning equipment, kitchen tent, dining tent, toilet tent, stools and tables at Mt. Ama Dablam base camp
- Sleeping tent at base camp tent for member, staff and Liaison officer
- Services of one Cook and one Kitchen boy at Mt. Ama Dablam Base Camp
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NOTE:

Asian Trekking reserves the right to cancel the expedition in case of less than FIVE climbers.

Garbage Deposite US\$ 2000 for a team

Climbing Sherpa support can be provided. Please contact us.

